



Caspar Fröhlich

I support top management leadership teams becoming aligned, synchronized and high performing. In addition to leadership coaching, my activities include organizational development processes and the design and facilitation of management off-sites. My client portfolio comprehends industry leading companies like Siemens Healthineers, Swisscom, AXA XL, Angst+Pfister Group, Migros Group and Blue Ocean Entertainment.

After graduation I have worked 15 years in the management consulting industry. This includes 7 years as a partner and co-owner of a management consulting company, which was distinguished with an ASCO Award.

I hold a Master's degree (lic. oec. publ.) from the University of Zurich and completed many years of psychotherapeutic training at the Institute for Process Work in Zürich. I am a member of the European Mentoring and Coaching Councils (EMCC Switzerland) and have worked for many years as a mentor in the coaching program of the University of St. Gallen (HSG).

I am a sports/outdoor enthusiast, likes to dance Salsa& Tango and practice Yoga and ZEN meditation to keep the emotional balance.

Languages: German (mother tongue), English, Spanish

Furthermore I am the author of the following book publications:

1. **Werkzeuge des Wandels** - die 30 wirksamsten Tools des Change Managements (Schäffer-Poeschel 2012 together with Prof. Heiko Roehl, Dr. Brigitte Winkler, Prof. Martin Eppler)
2. **Manage Your Boss – Die Kunst, den Boss mit Eleganz zu führen** (Haufe 2016)
3. **Deep Democracy in der Organisationsentwicklung** (Schäffer-Poeschel 2016)
4. **Reihe „Managertools“**: Free Downloads at [www.froehlich-coaching.ch](http://www.froehlich-coaching.ch)